

Schedule of Track Events

If eight or fewer competitors report for the heats of an event then a straight final will be run at the time of the heats.

1	10.30	JG	100m	Final	20	1.20	JG	200m	Final
2	10.35	JB	100m	2 heats	21	1.25	IG	200m	Final
3	10.45	IG	100m	2 heats	22	1.30	JG	300m	Final
4	10.55	IB	100m	2 heats	23	1.35	JB	300m	Final
5	11.00	JB	200m	Final	24	1.40	IG	300m	Final
6	11.10	IB	200m	2 heats	25	1.45	IB	400m	Final
7	11.20	SG/SB	200m	Final	26	1.50	SG/SB	400m	Final
8	11.25	JG	75mH	Final	27	1.55	JG	1500m	Final
9	11.35	IG/JB/IB	80mH /100mH	Final	28	2.05	JB	1500m	Final
10	11.45	JG	800m	Final	29	2.15	IG/SG	1500m	Final
11	11.50	JB	800m	Final	30	2.25	IB/SB	1500m	Final
12	12.00	IG/SG	800m	Final	31				
13	12.10	IB/SB	800m	Final	32				
14	12.20	SG	100m	Final	33				
15	12.25	SB	100m	Final	34				
16	12.30	IG	100m	Final	35				
17	12.35	IB	100m	Final	36				
18	12.40	JB	100m	Final	37				
19	12.45	IB/SG	3000M	Final	38				

British Race Walking Championships

4pm 5km (mixed Gender)

4.30pm 20Km (mixed Gender)

Schedule of Field Events

10.30	Long Jump	All	1.30	Shot	Boys
10.45	High Jump	Boys	1.30	High Jump	Girls
10.45	Javelin	Boys	2.00	Discus	All
10.45	Shot	Girls	2.00	Triple Jump	Boys
1.30	Javelin	Girls			

*Competitors should report to the competition area
TWENTY MINUTES before their event is scheduled
to take place, or when called by the announcer.*

*This should allow the competitors to warm up at their site
under the judges' control.*

Times shown are approximate.